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on Native American Aging  
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# Native Elders Aging in Place

**Opportunities in Medicaid HCBS to  
Support All Our Relatives**



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# What to Understand About Aging in Indian Country

- Majority of Tribes define an Elder at 55+ – OAA only funds 60+ and does not fund UIOs at all
  - Most Elders today are either survivors of boarding school trauma or the children of trauma survivors – Fear of being removed from the home is a tremendous barrier
  - COVID has reduced the life expectancy of AI/AN/NH peoples to numbers not seen since WW1 (CDC currently stated the life expectancy aggregate at 65)
- Nearly a third of Elders are disabled (**29%**)
  - **89.7%** of Native Elders have at least one chronic disease
  - **38.2%** have a family member providing support
  - **29.8%** are raising/caring for grandchildren

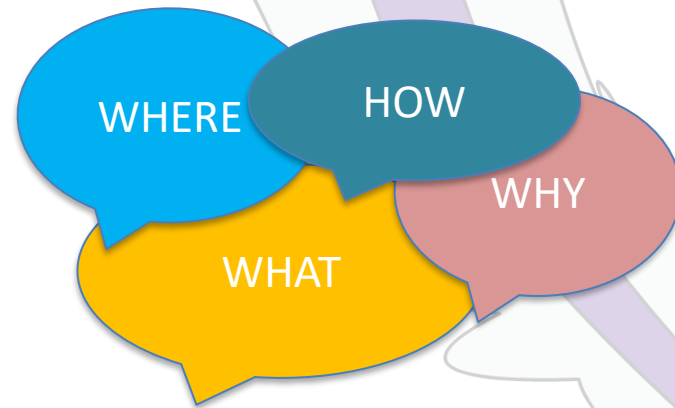


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# HCBS Waivers:

## The Key to All of Our Relatives Aging in Place





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# HCBS Waivers – Cheese on the Bologna Sandwich of Medicaid



- There is **NO IHS Funding** for LTSS/HCBS to Tribes
- OAA Funding Formula Barriers (Age and Mandated Service Population)
- **Medicaid is the Single Largest Payor of HCBS/LTSS to Indian Country**



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**DID YOU KNOW?**

There are **2** ways to be eligible for **Medicaid**:

1) **Financial**

2) **Functional (Needs Based Waivers—  
Even if over income!)**



# GENERAL MEDICAID HCBS WAIVER PROCESS

Frail Elder or Adult with Disability or Chronic Illness



Referral or Request for HCBS



Functional Assessment



Child with Disability or Chronic Illness

Tribes/Providers give services listed on the Plan and send bill to the HCBS Medicaid Waiver Agency\*

Case Manager Creates Plan

Tribes/Providers give services listed on the Plan and bill to the HCBS Waiver Agency.\* Some services may be given through schools

*\*This is the basic process. There will be specific differences in each State.*



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# Federal Provisions for Tribes in Medicaid – Sovereign Nations with Government Agencies

<b>TRIBES AS PROVIDERS</b>	<b>Native Enrollees of Medicaid HCBS</b>
Must be reimbursed for Medicaid allowable services provided to Medicaid (IHCA, ISDEAA, ANAIDRA)	Right to choose IHS provider for Medicaid services (IHCA, ANAIDRA, ARRA Sect 5006, SSA, OAA)
Exempted from contracting with MCOs under federal law (ARRA, Sect. 5006)	Right to have Tribal program staff present as an advocate
Covered Entities (HIPAA) as Insurance Plan, Providers and Public Health Authorities*	Tribal GWE funds not counted as taxable income (IRS 138E)
May pay for member spend-downs (IRS 138E)	Over-qualify but under-enrolled in Medicaid





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# Finding HCBS in Your State

- Medicaid.gov lists each state with all of the waivers and services here:  
<https://www.medicaid.gov/medicaid/section-1115-demo/demonstration-and-waiver-list/index.html>
- Choose your state(s) and select a waiver. Click “Waiver Description” to see the list of services
- Compare your data and services to the Waiver Services

There is **NOTHING** more culturally appropriate  
than a Tribe taking care of its people





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# All of Our Relatives Aging in Place

Coordination between Tribal  
Programs to Build an Effective  
Program In Your Community

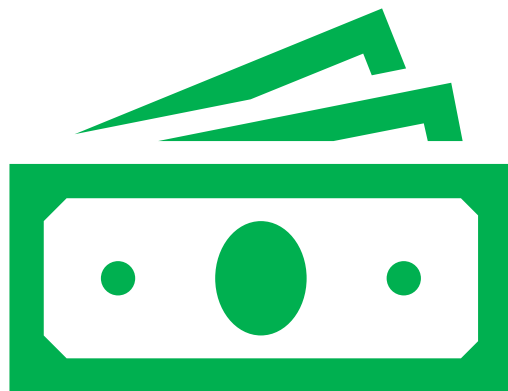




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# Show Me the Money!

## Using Data to Calculate Potential Reimbursements





## 2019 Title VI Aging Aggregate Reports (AGID Database)

SERVICE	2019 TITLE VI TOTALS	AVERAGE RATES*	POTENTIAL MEDICAID REIMBURSEMENTS
HOME DELIVERED MEALS	2,583,369	\$5.50/meal	\$14,208,529.50
PERSONAL CARE	45,333	\$14.60/Hour	\$661,861.8
HOMEMAKER	109,438	\$14.60/hour	\$1,597,794.8
TRANSPORTATION TRIPS	762,798	\$0.55/Mile, Average round trip 40 miles	\$16,781,556



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# Start Where *\*You\** Are

Start Building Your Program Your Way

Engage With State's as Partners  
Within Medicaid



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# Tribes as HCBS Medicaid Provider

- Research state Medicaid requirements for the service you want to provide
- Check to see if Tribe has a current Medicaid Provider ID (NPI), if not apply for free [online](#)
- If needed, complete application for the appropriate Medicaid Provider type(s) in the state Medicaid program



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# Enroll Your Members in Medicaid/Waivers

- Aid people (especially Elders!) in enrolling and provide advocacy and support for functional screens
- Include Tribal Health programs and other areas that help with insurance and Medicaid
- Collaborate across programs to identify Elders and others in need of supports – Talk to the boots on the ground like CHRs, Nurses, Aging Directors, Social Services and other health and support staff who see clients and families



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## **REMEMBER:**

**Every State Medicaid Program Has  
Its Own Requirements You May  
Need to Meet to Be Reimbursed for  
the HCBS You Provide.**





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## Contact Details

<http://www.nrcnaa.org>

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